

# ROB JONES

**TITLE:** Retired U.S. Marine and Leadership Instructor at Echelon Front.

**INTRO:** Upon his retirement from the Marines, Rob was forced to adapt to a new way of being a leader. To do this, he turned to the world of sports. In 2012, he competed in the 2012 Paralympic Games in London, England, bringing home a bronze medal in rowing. In 2013, he became the first double above-knee amputee to ride a bicycle across the United States, riding 5,181 miles from Bar Harbor, Maine to Camp Pendleton, California. In 2017, he ran 31 marathons in 31 consecutive days in 31 different cities.

Throughout this journey, Rob has relied upon the principles taught at Echelon Front to turn the darkest moment of his life into a life of impact—more meaningful than he ever could have expected. Rob now brings his experience to Echelon Front to help teams of people take Extreme Ownership and overcome the challenges they face in business and in life.

**BIO:** Rob Jones is a retired US Marine, combat leader, and now a leadership instructor and speaker with Echelon Front. He spent five years in the Marine Corps, with deployments to both Iraq and Afghanistan. As a Combat Engineer, Rob specialized in finding hidden Improvised Explosive Devices (IEDs), the enemy's most deadly weapons. On a mission in July of 2010, while executing an IED sweep, Rob stepped on an IED, which resulted in double above-knee amputations of his legs. He spent the next year and a half in physical therapy before retiring from the Marine Corps in 2011.

Upon his retirement, Rob was forced to adapt to a new way of being a leader. To do this, he turned to the world of sports. In 2012, he competed in the 2012 Paralympic Games in London, England, bringing home a bronze medal in rowing. In 2013, he became the first double above knee amputee to ride a bicycle across the United States, riding 5,181 miles from Bar Harbor, Maine to Camp Pendleton, California. In 2017, he ran 31 marathons in 31 consecutive days in 31 different cities.

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